



● care ● education ● therapy

Our services support children and young people with Social, Emotional and Mental Health needs. Together our care, education and therapy establish a safe environment for all of young people to thrive in.

# Therapeutic Children's Homes & School

# Care

**North Lakes has four care homes providing 52 week 1:1 therapeutic residential care for boys aged 6–16. The homes promote a safe and nurturing group living environment. We have the flexibility and scope to match the presenting needs and behaviours of a young person with the most appropriate skilled care team and home location:**

- Kirby Moor House SEMH, ASC, LD & Attachment Disorders Semi-rural for boys aged 7–16 | 6 bed
- Woodend House SEMH, ASC, LD, SBH/CSE & Attachment Disorders Rural for boys aged 6–16 | 4 bed
- Warwick House SEMH, ASC, LD, Low level Challenging Behaviours Town centre for boys aged 8–16 | 4 bed
- Kenilworth House SEMH, ASC, SBH & Attachment Disorders Town centre for boys aged 7–16 | 4 bed

Therapeutic care helps to reduce anxiety and adaptive responses by providing predictable routines, safety, and attuned therapeutic relationships. A comprehensive admissions process leads to successful transitions:

- Specific pre-placement needs based reports written
- Visits and shared activities enjoyed
- Discussions with the child, family and professionals

Our aim is to enable every young person to feel safe, to process early childhood experiences and to build personal resilience so they can enjoy a bright future.

# Education

**Kirby Moor School has two sites where we educate pupils aged 7–18. Each class of up to six pupils is led by a qualified teacher and at least one learning support.**

The classrooms are well presented and resourced.

Our pastoral teams facilitate individual programmes of support and pupils have access to additional support and school nurse (RGN).

- Learning and practical activities are underpinned by the National Curriculum for those pupils in Key Stage 2 and 3.
- Accreditation routes are carefully planned for those pupils in Key Stage 4. We offer whichever course best suits the individual pupils. Courses included GCSE, Functional Skills, Cambridge Nationals, ASDAN Course or Unit Awards or a combination of different routes

- Facilities and teaching lead pupils to make outstanding progress.
- Individual transition programmes support pupils for the next stage of education.
- The locations promote a quiet and calming environment.
- Highly predictable daily routines are used.
- Pupils achieve excellent attendance and re-engage with learning including those with school phobia.

Pupils are supported by individual programmes and planning. We have a comprehensive assessment and tracking system so pupils are taught at a level which leads them to thrive.

We believe education is about developing the whole person. Planning engaging activities helps our pupils develop knowledge and skills, resulting in self-confident pupils ready for more independent futures. We are strongly focussed on Careers related learning to help develop skills and aspirations for future life goals. We have an active elected school council.





“Staff are nurturing  
in their approach  
and show young  
people considerable  
emotional warmth.”

- Ofsted 2017

# Therapy

We provide **attachment and trauma informed care**, supported by the principles of **PACE** and **therapeutic parenting**. Using **curiosity and attuned empathetic responding**, children gain understanding about their inner world which provides the platform for transformation.

Our skilled team look beyond presenting behaviour, to address the underlying emotional and physiological needs of the children in our care which results in long term positive change.

Based on the most up to date research we use a holistic approach accounting for the impact trauma has on both the mind and the body. This facilitates positive change and resilience across all domains including self-regulation, relational, cognitive and somatosensory.

We understand how adverse childhood experiences are held in the body often below conscious awareness making daily life challenging for our young people.

We recognise how the fight, flight, freeze and submit survival responses are activated, and through the building of therapeutic relationships we provide co-regulation, sensory input, and high levels of empathetic responding to address these needs and deficits. This new experience of safety and regulation allows children to “reset” which facilitates a sense of relief and connection.

The therapeutic and attachment-based care in the homes is supported further by children accessing weekly one to one psychotherapeutic counselling with one of our specialist child therapists. This is long term therapy in which the child is free to express and explore their inner world and experiences using play, non-verbal, creative and somatic modalities.

Each child also receives a comprehensive therapeutic attachment-based assessment when they join us. This formulation considers the impact of early childhood and life history, their ability to regulate emotions and how this is expressed through behaviour. Staff are guided by our therapeutic consultant, receiving monthly clinical supervision and support with specific challenges as they arise.

Our therapeutic model encourages positive sustained changes on all levels, leading to healthier life choices and improved wellbeing.



# Core offer for a combined Care and Education Placement

- Multi-agency and family working including access to an independent advocate and full social inclusion.
- Full time over 25 hour, 38 week education with specialist teachers.
- Appropriate strategies, staffing and robust policies and procedures.
- Initial and ongoing assessments of needs and reporting.
- Preparation for independence: education and careers advice, managing personal budgets and personal savings accounts.
- Registration at local: surgeries, opticians and dentists and access to community health and therapeutic services.
- Religious requirements in place for practice of chosen faith.
- Homely, predictable and low stimulus environments with privacy.
- Clothing and resources for leisure and educational activities.
- Phone calls, pocket money, presents, holidays and toiletries





## Contact us

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